



388
SERVINGS



SHELF LIFE
UP TO 25 YEARS

Shelf Life: Best when stored in a cool dry place at temperatures between 55° and 70° F (ideal humidity 15%).

Shelf life estimates are based on industry studies from sources deemed reputable. Since Augason Farms has no control over individual storage practices, they must disclaim any liability or warranty for particular results.

FOOD STORAGE

EMERGENCY

EVERYDAY FOOD

Vegetable Stew Blend

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00161-090915

SERVINGS	STEW MIX	WATER
2	1/2 cup	2 cups
4	1 cup	4 cups
6	1 1/2 cups	6 cups

DIRECTIONS:

1. Add stew mix to cold water.
2. Slowly bring to boil, stirring frequently.
3. Simmer until vegetables are tender, 15 to 20 minutes, stirring occasionally.
4. Season to taste. (May add bouillon, tomato, and meat.)

Use in bean salads, Mexican dishes or for sprouting.

INGREDIENTS: Potato dices, cabbage flakes, chopped onion, carrot dices, celery slices, red and green bell peppers.

Contains oxygen absorber.
Discard immediately upon opening.

1-800-878-0099

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