

**BUTTERMILK PANCAKE MIX**  
(4 pouches)

**Nutrition Facts**

Serving Size: 1/3 Cup (46g) Dry  
Servings Per Container: 6

Amount Per Serving		Calories from Fat 5	
		% Daily Value*	
<b>Total Fat</b>	0g		0%
<b>Saturated Fat</b>	0g		0%
<b>Trans Fat</b>	0g		
<b>Cholesterol</b>	0mg		0%
<b>Sodium</b>	560mg		23%
<b>Total Carbohydrate</b>	34g		11%
<b>Dietary Fiber</b>	1g		4%
<b>Sugars</b>	5g		

Protein 4g	
Vitamin A	0%
Vitamin C	0%
Calcium	10%
Iron	15%

\*Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram: Fat 9 • Carbs 4 • Protein 4

**INGREDIENTS:**

Cake flour (bleached wheat flour, niacin, iron (reduced iron), thiamine mononitrate, riboflavin, folic acid), sugar, soybean flour, dextrose, buttermilk powder, baking soda, corn starch, leavening agent (sodium acid pyrophosphate), non-iodized salt, leavening agent (monocalcium phosphate monohydrate), egg substitute (soy flour, wheat gluten, corn syrup solids, sodium alginate).

Contains allergens: Milk, soy and wheat.

**SIX GRAIN BANANA CEREAL**  
(2 pouches)

**Nutrition Facts**

Serving Size: 1/3 Cup (48g) Dry  
Servings Per Container: 4

Amount Per Serving		Calories from Fat 15	
		% Daily Value*	
<b>Total Fat</b>	2g		3%
<b>Saturated Fat</b>	1g		5%
<b>Trans Fat</b>	0g		
<b>Cholesterol</b>	0mg		0%
<b>Sodium</b>	85mg		4%
<b>Total Carbohydrate</b>	37g		12%
<b>Dietary Fiber</b>	5g		20%
<b>Sugars</b>	12g		

Protein 4g	
Vitamin A	0%
Vitamin C	2%
Calcium	2%
Iron	6%

\*Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram: Fat 9 • Carbs 4 • Protein 4

**INGREDIENTS:**

Six grain mix (hard red wheat, soft white wheat, barley, oats, rye, triticale), sugar, freeze-dried banana slices, coconut creamer (partially hydrogenated coconut oil, corn syrup solids, sodium caseinate [a milk derivative], dipotassium phosphate, mono and diglycerides, silicon dioxide and soy lecithin), natural and artificial maple flavor (dextrose, maltodextrin, less than 2.0% silicon dioxide added to prevent caking), brown sugar, non-iodized salt.

Contains allergens: Milk, soy, and wheat.

**BANANA CHIPS**  
(2 pouches)

**Nutrition Facts**

Serving Size: 1/2 Cup (33g) Dry  
Servings Per Container: 8

Amount Per Serving		Calories from Fat 100	
		% Daily Value*	
<b>Total Fat</b>	11g		17%
<b>Saturated Fat</b>	10g		50%
<b>Trans Fat</b>	0g		
<b>Cholesterol</b>	0mg		0%
<b>Sodium</b>	0mg		0%
<b>Potassium</b>	180mg		5%
<b>Total Carbohydrate</b>	19g		6%
<b>Dietary Fiber</b>	3g		12%
<b>Sugars</b>	12g		

Protein 1g	
Vitamin A	0%
Vitamin C	4%
Calcium	0%
Iron	2%

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	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram: Fat 9 • Carbs 4 • Protein 4

**INGREDIENTS:**

Dehydrated banana slices (bananas, refined coconut oil, sugar, banana flavoring).

**MORNING MOO'S® LOW FAT MILK ALTERNATIVE**  
(3 pouches)

**Nutrition Facts**

Serving Size: 2 Tbsp (17g) Dry  
Servings Per Container: 20

Amount Per Serving		Calories from Fat 0	
		% Daily Value*	
<b>Total Fat</b>	0g		0%
<b>Saturated Fat</b>	2g		10%
<b>Trans Fat</b>	0g		
<b>Cholesterol</b>	0mg		0%
<b>Sodium</b>	115mg		5%
<b>Total Carbohydrate</b>	10g		3%
<b>Dietary Fiber</b>	0g		0%
<b>Sugars</b>	8g		

Protein 3g	
Vitamin A	10%
Vitamin C	0%
Vitamin D	25%
Riboflavin	2%
Calcium	10%
Iron	0%

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	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram: Fat 9 • Carbs 4 • Protein 4

**INGREDIENTS:**

Whey, creamer (coconut oil, corn syrup solids, sodium caseinate [a milk derivative], dipotassium phosphate, sugar, mono & diglycerides, silicon dioxide, polysorbate 80, tetrasodium pyrophosphate, soy lecithin), nonfat dry milk, sugar, vitamin mix (nonfat dry milk, vitamin A palmitate, silicon dioxide, cholecalciferol), guar gum.

Contains allergens: Milk and soy.

**MAPLE BROWN SUGAR OATMEAL**  
(3 pouches)

**Nutrition Facts**

Serving Size: 1/4 Cup (30g) Dry  
Servings Per Container: 10

Amount Per Serving		Calories from Fat 20	
		% Daily Value*	
<b>Total Fat</b>	2.5g		4%
<b>Saturated Fat</b>	1g		5%
<b>Trans Fat</b>	0g		
<b>Cholesterol</b>	0mg		0%
<b>Sodium</b>	35mg		1%
<b>Total Carbohydrate</b>	20g		7%
<b>Dietary Fiber</b>	3g		12%
<b>Sugars</b>	3g		

Protein 4g	
Vitamin A	0%
Vitamin C	0%
Calcium	2%
Iron	6%

\*Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram: Fat 9 • Carbs 4 • Protein 4

**INGREDIENTS:**

gluten free quick oats, brown sugar, Creamer Coconut oil, Corn syrup solids, sodium caseinate (a milk derivative), dipotassium phosphate, sugar, mono & diglycerides, silicon dioxide, polysorbate 80, tetrasodium pyrophosphate, soy lecithin, natural and artificial maple flavor (dextrose, maltodextrin, less than 2.0% silicon dioxide added to prevent caking), non-iodized salt.

Contains allergens: Milk and soy.

**STRAWBERRY CREAM OF WHEAT**  
(3 pouches)

**Nutrition Facts**

Serving Size: 1/4 Cup (46g) Dry  
Servings Per Container: 8

Amount Per Serving		Calories from Fat 25	
		% Daily Value*	
<b>Total Fat</b>	2.5g		4%
<b>Saturated Fat</b>	2g		10%
<b>Trans Fat</b>	0g		
<b>Cholesterol</b>	0mg		0%
<b>Sodium</b>	100mg		4%
<b>Total Carbohydrate</b>	35g		12%
<b>Dietary Fiber</b>	1g		4%
<b>Sugars</b>	11g		

Protein 4g	
Vitamin A	0%
Vitamin C	0%
Calcium	0%
Iron	2%

\*Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram: Fat 9 • Carbs 4 • Protein 4

**INGREDIENTS:**

Farina (wheat), sugar, coconut creamer (partially hydrogenated coconut oil, corn syrup solids, sodium caseinate [a milk derivative], dipotassium phosphate, mono and diglycerides, silicon dioxide and soy lecithin), natural and artificial strawberry flavor (maltodextrin, sugar, natural and artificial flavor, modified corn starch, potassium benzoate), non-iodized salt, natural red coloring (carmine, caramel color, and maltodextrin).

Contains allergens: Milk, soy, wheat.