



65
SERVINGS



SHELF LIFE
UP TO 5 YEARS

Product good for up to 5 years when unopened. Best when stored in a cool, dry and dark place at temperatures between 55°F and 70°F. Actual shelf life may vary based on individual storage conditions.

FOOD STORAGE
EMERGENCY
EVERYDAY FOOD

Peanut Butter Powder

Nutrition Facts

Serving Size: 2 Tbsp (14g) Dry

Servings Per Container: 65

Amount Per Serving

Calories 60

Calories from Fat 10

% Daily Value*

Total Fat 1.5g2%

Saturated Fat 0g0%

Trans Fat 0g

Cholesterol 0mg0%

Sodium 210mg9%

Total Carbohydrate 6g2%

Dietary Fiber 2g8%

Sugars 4g

Protein 5g

Vitamin A 0% • Vitamin C 0%

Calcium 0% • Iron 0%

*Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Calories2,0002,500

Total FatLess than65g80g

Sat FatLess than20g25g

CholesterolLess than300mg300mg

SodiumLess than2,400mg2,400mg

Total Carbohydrate300g375g

Dietary Fiber25g30g

Calories per gram: Fat 9 • Carbs 4 • Protein 4

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SERVINGS	CHEESE	COLD WATER
2	1/4 Cup	3/4 Cup
4	1/2 Cup	1 1/2 Cups
8	1 Cup	3 Cups

DIRECTIONS:

1. Remove oxygen absorber and discard.
2. Combine peanut butter powder with water and mix well.
3. Water may be adjusted to reach desired consistency.

INGREDIENTS: Peanuts, sugar, non-iodized salt.

CONTAINS ALLERGEN: Peanut.

Contains oxygen absorber.
Discard immediately upon opening.

1-800-878-0099

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