Augason Farms

Dehydrated

Potato Slices

Nutrition Facts

Serving Size: 1/2 Cup (20g) Dry
Servings Per Container: 226

Amount Per Serving	
Calories 70	**Calories from Fat 0**
	% Daily Value*
Total Fat 0g	**0%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 15mg	**1%**
Total Carbohydrate 16g	**5%**
Dietary Fiber 1g	**4%**
Sugars 1g	
Protein 2g	

Vitamin A 0% • Vitamin C 10%

Calcium 0% • Iron 2%

*Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram: Fat 9 • Carbs 4 • Protein 4

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Contains oxygen absorber.
Discard immediately upon opening.

DIRECTIONS:

Cover potatoes with water and let stand for 10 to 15 minutes or simmer until tender. Salt as desired.

Use in scalloped potatoes, fried potatoes, potato salad, soups, stews and more.

INGREDIENTS: Potato slices preserved with sodium bisulfite.

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