



22  
SERVINGS



SHELF LIFE UP TO  
10 YEARS



**Shelf Life: Best when stored  
in a cool dry place at  
temperatures between 55° and  
70° F (ideal humidity 15%).**

*Shelf life estimates are based  
on industry studies from  
sources deemed reputable.  
Since Augason Farms has no  
control over individual storage  
practices, they must disclaim  
any liability or warranty for  
particular results.*

FOOD STORAGE  
EMERGENCY  
EVERYDAY FOOD

## Honey Coated Banana Slices

# Nutrition Facts

Serving Size: 1/2 Cup (42g dry)  
 Servings Per Container: 22

Amount Per Serving			
Calories 230		Calories from Fat 140	
		% Daily Value*	
<b>Total Fat</b> 15g			<b>23%</b>
<b>Saturated Fat</b> 14g			<b>68%</b>
<b>Trans Fat</b> 0g			
<b>Cholesterol</b> 0mg			<b>0%</b>
<b>Sodium</b> 0mg			<b>0%</b>
<b>Potassium</b> 210mg			<b>6%</b>
<b>Total Carbohydrate</b> 18g			<b>6%</b>
<b>Dietary Fiber</b> 2g			<b>6%</b>
<b>Sugars</b> 12g			
<b>Protein</b> 0g			
<b>Vitamin A</b> 0%	•	<b>Vitamin C</b> 0%	
<b>Calcium</b> 10%	•	<b>Iron</b> 0%	

\*Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram: Fat 9      Carbs 4      Protein 4

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### DIRECTIONS:

Eat as a snack, add to cereals, granolas, or deserts.

Do not rehydrate.

**INGREDIENTS:** Bananas, coconut/vegetable oil, sugar/honey, natural flavoring.

1-800-878-0099

[www.AugasonFarms.com](http://www.AugasonFarms.com)

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