



32
SERVINGS



SHELF LIFE UP TO
25 YEARS

Shelf Life: Best when stored
in a cool dry place at
temperatures between 55° and
70° F (ideal humidity 15%).

*Shelf life estimates are based
on industry studies from
sources deemed reputable.
Since Augason Farms has no
control over individual storage
practices, they must disclaim
any liability or warranty for
particular results.*

FOOD STORAGE

EMERGENCY

EVERYDAY FOOD

Dehydrated Apple Slices

Nutrition Facts

Serving Size: 1/2 Cup (17g dry)
Servings Per Container: 32

| Amount Per Serving | | | |
|--|-----------|---------------------|--------------|
| Calories 60 | | Calories from Fat 0 | |
| | | % Daily Value* | |
| Total Fat | 0g | | 0% |
| Saturated Fat | 0g | | 0% |
| Trans Fat | 0g | | |
| Cholesterol | 0mg | | 0% |
| Sodium | 65mg | | 3% |
| Total Carbohydrate | 16g | | 5% |
| Dietary Fiber | 2g | | 6% |
| Sugars | 9g | | |
| Protein | 0g | | |
| Vitamin A | 0% | • | Vitamin C 2% |
| Calcium | 0% | • | Iron 0% |
| *Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs. | | | |
| | | Calories | 2,000 2,500 |
| Total Fat | Less than | 65g | 80g |
| Sat Fat | Less than | 20g | 25g |
| Cholesterol | Less than | 300mg | 300mg |
| Sodium | Less than | 2400mg | 2400mg |
| Total Carbohydrate | | 300g | 375g |
| Dietary Fiber | | 25g | 30g |
| Calories per gram: Fat 9 | | Carbs 4 | Protein 4 |

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DIRECTIONS:

To rehydrate:

1. Cover apple slices with hot water and allow to stand for 30 minutes.
2. Stir occasionally.

For cooked apples to be used as pie filling:

1. Bring to a boil.
2. Cool before using.

May be eaten as a snack or added to granola.

1 cup of dried apples = 5 cups of fresh apples.

INGREDIENTS: Dehydrated apple slices, sulfites.

1-800-878-0099

www.AugasonFarms.com

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